

# Dispensation

## to participate in knockdown karate in Ballerup Challenge Cup

Dispensation can be granted to fighters below 5. Kyu, below 18 years over 45 years who wish to participate in Ballerup Challenge Cup in knockdown karate.

The following criteria must be met for the dispensation to be granted:

1. The fighter wants to participate of their own volition.
2. For fighters below 18 years, parent/guardian must sign that the child may participate.
3. The clubs chief instructor must sign that the participant safely can live up to the standards of the registered class.
4. The coach must sign that the participant safely can live up to the standards of the registered class.
5. The participant must mentally and physically be mature enough to participate in the class.

If these criteria are fulfilled the dispensation can be granted, and Ballerup Kyokushin Karate declines any responsibility if anything happens to the fighter during the tournament.

**The following signatures must be given**

\_\_\_\_\_  
Parent/guardian for fighters below 18 years

\_\_\_\_\_  
Chief Instructor for his/her club

\_\_\_\_\_  
Coach

Exemption granted to \_\_\_\_\_

by \_\_\_\_\_

**This form must be brought along on the day of the fight and given at weigh-in**

\_\_\_\_\_  
Signature given during weigh-in by Ballerup Kyokushin Karate